

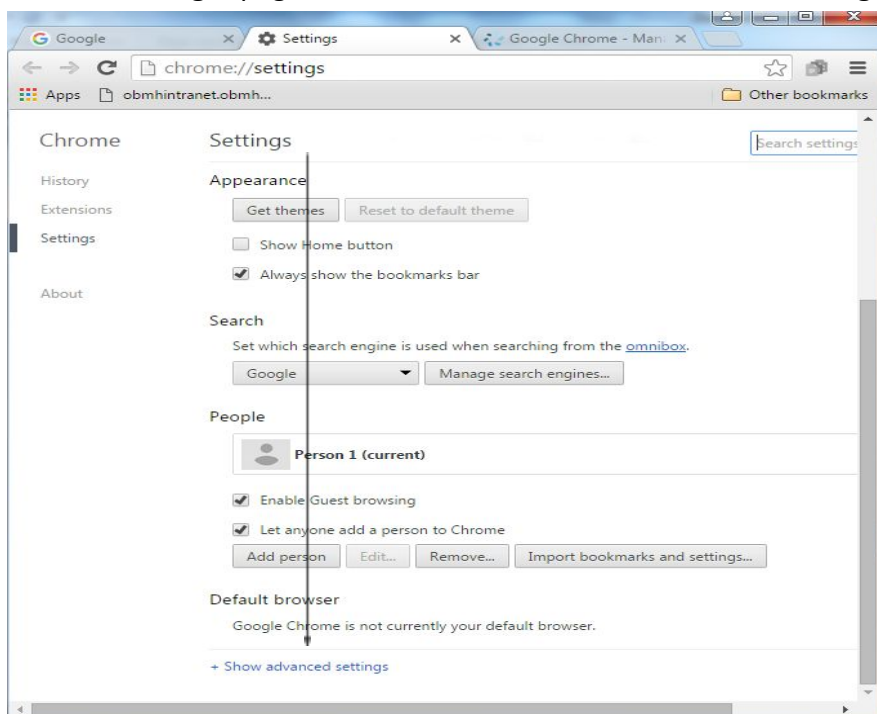
Caring for Me and You: Guidelines for allowing pop-ups on Google Chrome

In order to see the sessions and modules for the Caring for Me and You programme, it is essential that you ‘allow pop-ups’ for the study website. Below is a guide as to how to do this when using Google Chrome as your browser.

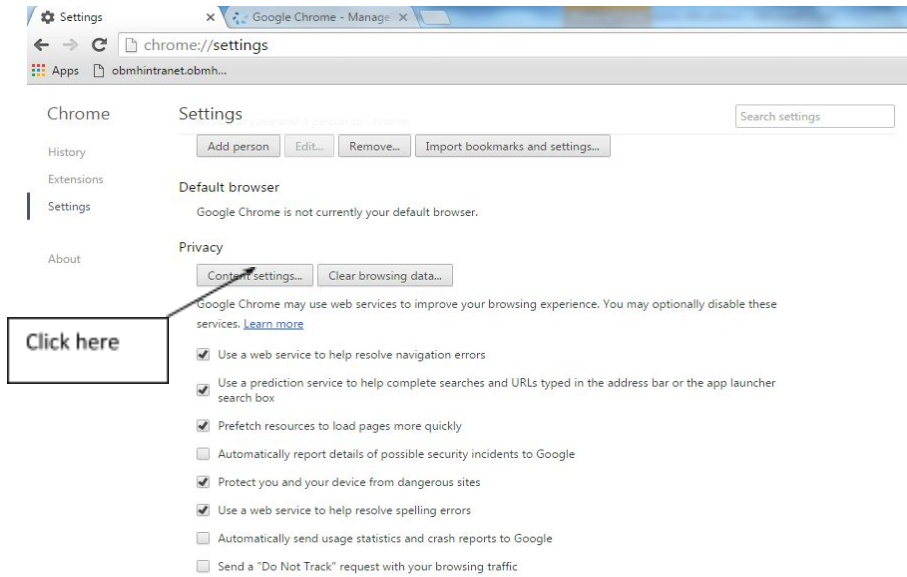
1. At the top right hand corner, click on the **button with three horizontal lines** and then select **“Settings”**.



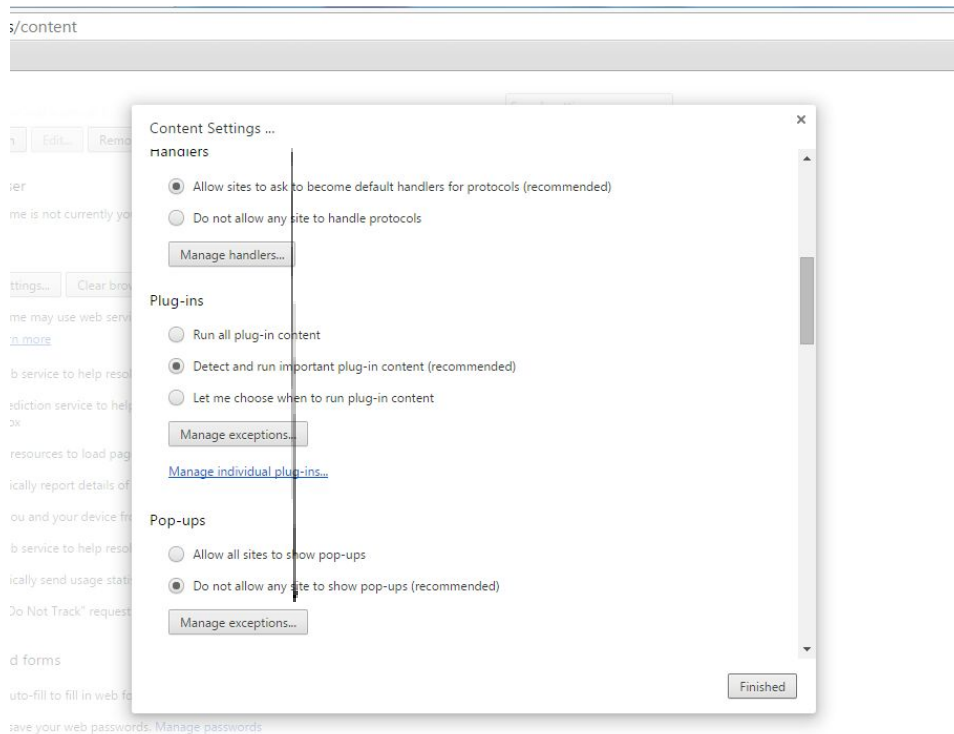
2. On the **“Settings”** page scroll down and click on **“Advanced Settings”**



3. Under **“Privacy”** click on **“Content Settings”**



4. Scroll down to **“Pop-ups”** and click on **“Manage exceptions”**



5. Type the www.caringformeandyou.org.uk under Hostname pattern and select **“Allow”** under Behaviour. Then click **“Finish”**

